


January 2022 Water Aerobics

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 10:00-10:45 <i>Aqua-cize</i>	4 10:00-10:30 <i>Just my speed</i>	5 10:00-10:45 <i>Move it and Lose it</i>	6 10:00-10:30 <i>Just my speed</i>	7 10:00-10:45 <i>Aqua-Mixer</i>	1 
9	10 10:00-10:45 <i>Aqua-cize</i>	11 10:00-10:30 <i>Just my speed</i>	12 10:00-10:45 <i>Move it and Lose it</i>	13 10:00-10:30 <i>Just my speed</i>	14 9:00-9:45 <i>Aqua Zumba</i> 10:00-10:45 <i>Aqua-Mixer</i>	15
16	17 10:00-10:45 <i>Aqua-cize</i>	18 10:00-10:30 <i>Just my speed</i>	19 10:00-10:45 <i>Move it and Lose it</i>	20 10:00-10:30 <i>Just my speed</i>	21 10:00-10:45 <i>Aqua-Mixer</i>	22
23	24 10:00-10:45 <i>Aqua-cize</i>	25 10:00-10:30 <i>Just my speed</i>	26 10:00-10:45 <i>Move it and Lose it</i>	27 10:00-10:30 <i>Just my speed</i>	28 9:00-9:45 <i>Aqua Zumba</i> 10:00-10:45 <i>Aqua-Mixer</i>	29
30	31 10:00-10:45 <i>Aqua-cize</i>					