

August 2017

Water Exercise

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|----------------------------------|---------|----------------------------------|----------|---|----------|
|  | | 1 | 2 10:00 Water Aerobics | 3 | 4 10:00 Fun Water Class | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 10:00 Water Aerobics | 15 | 16 10:00 Water Aerobics | 17 | 18 10:00 Fun Water Class | 19 |
| 20 | 21 10:00 Water Aerobics | 22 | 23 10:00 Water Aerobics | 24 | 25 10:00 Fun Water Class | 26 |
| 27 | 28 10:00 Water Aerobics | 29 | 30 10:00 Water Aerobics | 31 |  | |