

Pigeon Forge Parks and Recreation Spring 2023 Program Guide

Fun In The Forge



Table of Contents



Staff Directory	3
Parks & Rec Policies	4
Parks	5
Playgrounds and Pavilions	6
Pigeon Forge Greenway	7
Park Rules and Regulations	8-9
Pigeon Forge Community Center	10-11
Aquatics	12-13
Wellness Programs	14-15
Bowling Center	16
Child Care Center	17
Children's Programs	18-19
Special Events	20
Employee Spotlight	21
Adult Programs	22
Athletics	23





Staff Directory

City Manager: Earlene Teaster

Assistant City Manager: Eric Brackins

Commission Members: David Wear, Mayor: Kevin McClure, Vice-Mayor: Tony Watts, Commissioner: Jay Ogle, Commissioner: Keith Whaley, Commissioner

Administration: 865-429-7373

Lanny Goodwin, CPRP, Parks and Recreation Director - lgoodwin@cityofpigeonforgetn.gov
Susan Smelcer, Finance Assistant - ssmelcer@cityofpigeonforgetn.gov

Pigeon Forge Community Center 865-429-7373

Jacob Cave, CPRP, Community Center Manager - jcave@cityofpigeonforgetn.gov

Diane Dykes, Front Desk Manager - ddykes@cityofpigeonforgetn.gov

Aquatics:

Hannah Lenz, Aquatics Manager - hannah.lenz@cityofpigeonforgetn.gov

Bowling Center: 865-429-7376

Wayne Clopton, Bowling Center Manager - wclopton@cityofpigeonforgetn.gov
Karen Light, Bowling Center Assistant Manager - karen.light@cityofpigeonforgetn.gov

LeConte Medical Center Wellness Center - 865-908-9248

Rissa Andres, Wellness Coordinator - candres@CovHlth.com

City Parks: 865-428-3113

Tom Garner, CPRP, Parks Superintendent - tgarner@cityofpigeonforgetn.gov

Athletics and Recreation Programs: 865-429-7373

Ben Vaughan, Athletics/Concessions Supervisor - bvaughan@cityofpigeonforgetn.gov
Austin McCarter, Program Manager - amccarter@cityofpigeonforgetn.gov
Daniel Barnhart, Program Manager - daniel.barnhart@cityofpigeonforgetn.gov

City of Pigeon Forge Website: www.cityofpigeonforge.com



Pigeon Forge Parks and Recreation

Parks & Rec Policies



Pigeon Forge Parks and Recreation Mission Statement:

To provide Parks, Recreation, Open Space, and Greenways for the enjoyment of our residents and visitors while focusing on Wellness and Fitness, Social Equity, Conservation, and Tourism.

Pigeon Forge Parks and Recreation Child Supervision Guidelines

- ◆ Children in strollers or car seats are not permitted in any activity area except on the walking track.
- ◆ Family locker rooms are available.
- ◆ Children in 6th grade and below OR under the age of 12 must have a parent or adult (over the age of 18) provide supervision while using the facility.
- ◆ Children under the age of 12 do not need parental supervision if participating in a Pigeon Forge Parks and Recreation Program.
- ◆ Children under the age of 14 may not attend adult classes.
- ◆ Children must be 14 years of age or older to utilize the LeConte Wellness Fitness Center or be accompanied by a parent or legal guardian of at least 18 years of age.
- * NOTE: There is a fee based Child Care Facility provided for children ages 1-9 for daily guests of the community center. There is no charge to community center members for this service.

Community Center Membership Refund Policy

Transfer: Should a resident member be transferred outside a 50 mile radius of Pigeon Forge, they will be entitled to a partial refund. Requests must be submitted in writing and will be prorated from the day of the request. Verification of new address is required.

Illness, Injury, or Death: Should a member be unable to utilize the facility due to illness, injury, or death, they (or a designated member of their family), will be entitled to a partial refund. Requests must be submitted in writing and will be prorated from the date of the request. Verification of illness, injury, or a death certificate will be required. There is a \$5.00 fee for processing any refund request which will be deducted from the refunded amount at the time of processing. No refunds will be issued with less than three months remaining on a membership.

City of Pigeon Forge Access Statement

It is the policy of the City of Pigeon Forge not to discriminate on the basis of race, color, national origin, age, sex or disability in its hiring and employment practices, or in admission to, or operation of, its programs, services, activities and facility usage. If you need special accommodations for program participation, please contact our office by phone (865) 429-7373, or in writing to: Department of Parks and Recreation, PO Box 605, Pigeon Forge, TN 37868-0605. We will be happy to assist with your special needs. An ADA Complaint form can be found on the City of Pigeon Forge's Website, www.cityofpigeonforge.com if any needs have not been met.

Wear Farm Park

623 Wears Valley Rd

Wear Farm City Park is a beautiful facility that serves as the main park for the City of Pigeon Forge. It features the following facilities:

- Five 300' lighted softball/baseball fields
- One lighted football field
- One multi-purpose field
- Two playgrounds
- Two pavilions
- Walking trails
- Basketball courts
- Two concession stand/restroom buildings



City Park

170 Community Center Drive

Pigeon Forge City Park is home to the Pigeon Forge Community Center, including the indoor and outdoor pools, outdoor tennis courts, a playground and a one mile looped greenway trail including The Riverwalk Greenway Trailhead. The Pigeon Forge Boys and Girls Club is also connected to City Park.

City Park Amenities Include:

- Pigeon Forge Community Center
- Indoor and Outdoor Pool
- Outdoor Tennis Courts
- Outdoor Pickleball Courts
- Pigeon Forge Public Library
- 1 lighted pavilion
- 1 mile lighted walking trail
- Playground
- Outdoor Fitness Gym

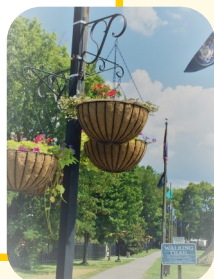
Patriot Park

186 Old Mill Avenue

Patriot Park is home to many activities year round, including the Winterfest lights, 4th of July fireworks, and Patriot Festival. In addition to the special events, Patriot Park is also the site of memorials for local individuals that served in the Armed Forces.

Patriot Park is a 16-acre park consisting of:

- 1 lighted pavilion
- .5 mile lighted walking trail
- 16 picnic tables
- 1 lighted Gazebo
- 18 park benches



Playgrounds and Pavilions



Pavilion Rental Rules:

- Please call 865-429-7373 to make reservations for any of the City of Pigeon Forge Pavilions.
- Pavilions can only be reserved from March 1 through October 31.
- Pavilions are available on a first-come, first-served basis when not reserved.
- You may call to reserve a pavilion for the current year beginning in January.
- There is no alcoholic beverages or amplified music permitted and all property must be returned to its original condition when finished using the pavilion.



Wear Farm Playground

The Wear Farm Playground is located beside Pavilion 1 at Wear Farm Park and is designed for children up to 12 years old.



Rotary Inclusive Discovery Playground

Pigeon Forge's newest playground, the Discovery playground located beside Pavilion 2 at Wear Farm Park is designed for children up to age 12 and is fully accessible for children with special needs.



Patriot Park Gazebo

This picturesque gazebo is located at Patriot Park and overlooks the Little Pigeon River. It is a favorite location for small weddings and ceremonies.



City Park Playground

This playground is located behind the Community Center and beside the tennis courts. It is divided into 2 sections; one designed for children 2-5 year olds and one designed for 5-12 year olds.

Wear Farm Pavilion 1

Pavilion 1 is located at Wear Farm Park. It has 10 picnic tables, a grill, electrical outlets and lighting.



Wear Farm Pavilion 2

Pavilion 2 is located at Wear Farm Park. It has 8 picnic tables, a grill, electrical outlets and lighting.



Patriot Park Pavilion

This pavilion is located beside Patriot Park overlooking the Little Pigeon River. It has 6 picnic tables, a grill, lighting and is **only available on a first-come, first-served basis.**



Tennis Pavilion

This pavilion is located behind the Pigeon Forge Community Center and has 6 picnic tables, a grill and electrical outlets.



Thrive 450 Outdoor Gym

This outdoor fitness station is located next to the tennis courts behind the Community Center and is perfect for people working towards their health and fitness goals.





Pigeon Forge Greenway



Pigeon Forge Greenway

The beautiful Pigeon Forge Greenway System includes over 6 miles of trails and connects visitors and residents to several important landmarks around Pigeon Forge. These include Dollywood attractions, The Island in Pigeon Forge, The LeConte Convention Center, Patriot Park and additional access points to various restaurants, attractions, and lodging along the way. There is also a Greenway Trail located at Wear Farm Park. Restroom facilities are available at the Pigeon Forge Community Center, The Island in Pigeon Forge, Patriot Park and Wear Farm Park. Several biking and walking programs will take place on the Pigeon Forge Greenway. Please call the Pigeon Forge Community Center at 865-429-7373 for more information.

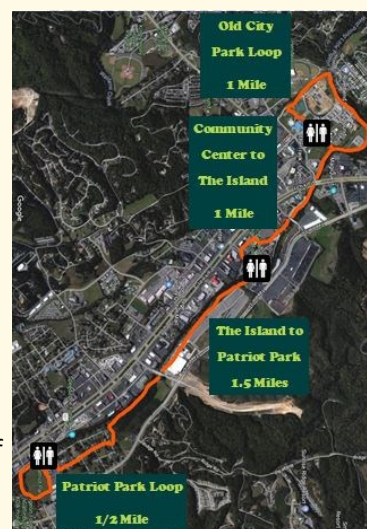


Wear Farm Greenway

The Wear Farm Greenway is located off Wear's Valley Road and is located at Wear Farm Park. This section includes over 1 mile of trail and wraps around the baseball complex, football field and playgrounds and follows along Walden's Creek at the back of the park. It is a great trail to utilize while the kids are playing!

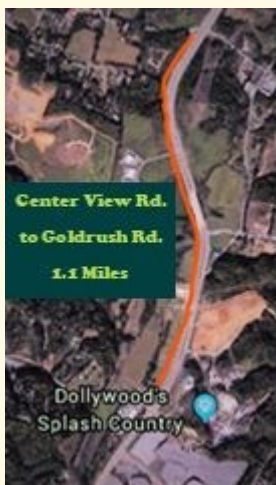
Riverwalk Greenway

The Riverwalk Greenway is a 4 mile section and is the central spine of the Pigeon Forge Greenway System. This beautiful section of trail includes a one mile loop around the old City Park, a half mile loop around Patriot Park and a 2.5 mile section that follows the West Prong of the Little Pigeon River.



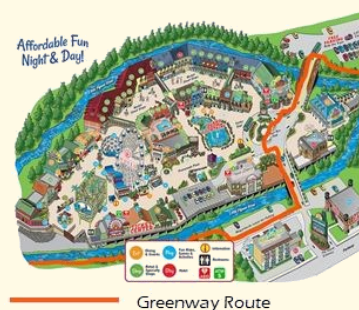
Veterans Blvd Greenway

The Veterans Blvd Greenway is a connector trail joining the Sevierville Greenway System at Center View Road, traveling 1.1 miles along Veterans Blvd and ending at Goldrush Road, across the street from Dollywood's Theme Park, Splash Country and DreamMore Resort.



The Island in Pigeon Forge

The Pigeon Forge Greenway runs directly through The Island in Pigeon Forge. Follow the large sidewalk in front of the Margaritaville Island Inn parking area, travel across both bridges at The Island and the Riverwalk Greenway will reconnect at the main parking area of The Island.



Park Rules and Regulations



Parks, Facilities and Trails Rules and Regulations

Intent

It is the Pigeon Forge Parks and Recreation Department's goal to provide citizens with a safe environment in which recreational opportunity can be maximized. Due to the wide variety of patron needs and use of City property, it is necessary to establish the following rules and regulations.

1.0 HOURS OF OPERATION

- 1.1 Day Use and unlit Trails: 30 minutes before sunrise until 30 minutes after sunset. For lighted trails and general parks and facilities: 6 a.m. until 12 midnight unless posted otherwise.
- 1.2 No person shall remain in any park or trail after the park or trail is closed, except in an area specifically designated by the City as an area where persons may remain after the park or trail is closed to the public.
- 1.3 The Director of Parks and Recreation has the right to close, restrict opening times or prohibit recreational use by the public at any City owned and/or maintained park, facility or trail if it is necessary to protect the health or safety of the public or the safety of the park area or its facilities.

2.0 PARK PROPERTY

- 2.1 All park property, facilities and equipment shall be used for the purpose for which it was designed.
- 2.2 Parks and trails shall be used for recreation and relaxation for the general public. Parks, facilities and trails shall not be used for business or social service purposes unless authorized pursuant to a written agreement with the City of Pigeon Forge.
- 2.3 Pavilions within City Parks may be reserved from March 1st through October 31st. Pavilions are available on a first-come, first-served basis when not reserved. Please call 865-429-7373 to reserve a pavilion. A permit must be acquired to reserve the Patriot Park Gazebo.
- 2.4 Put ALL waste in appropriate waste receptacles. (Per section 16-107 of the Pigeon Forge Municipal Code)
- 2.5 No Ground Fires are allowed in any City property. Fires are only permitted in provided grills and only charcoal may be used.
- 2.6 No person shall cut, carve, injure the bark or break off the limbs or branches, or mutilate in any way or pick the flowers or seeds of any tree, shrub or plant existing on City Property. Nor shall any person dig in or otherwise disturb grass areas or in any other way injure or impair the natural beauty or usefulness of any area. Removal of any plant material from City property, City Parks or Greenway Trails, without the Parks and Recreation Department's prior approval is strictly prohibited.
- 2.7 No person shall molest, harm, frighten, kill, trap, hunt, chase, capture, shoot, or throw any object which may harm any mammal, bird, reptile, or amphibian. Fishing is permitted in designated areas as long as it is in accordance with Tennessee State Law provisions and regulations. Please see www.tn.gov/twra/license-sales/fishing-licenses.html for fishing license requirements.
- 2.8 Inflatables or facilities that use running water are not permitted in City owned parks or trails.
- 2.9 The use of metal detectors is prohibited in City owned parks or trails.
- 2.10 Attaching any objects, including but not limited to, hammocks, ropes, slacklines, clotheslines, flags, or banners to trees, bushes, or structures is prohibited.

3.0 PUBLIC DISTURBANCE

- 3.1 Loud, abusive, vulgar or otherwise disorderly conduct is strictly prohibited. The City of Pigeon Forge staff, through its Parks and Recreation Department, has complete control of the City owned parks and trails and their decisions are final as to all matters arising out of the use of any City facilities.
- 3.2 Persons or businesses must obtain a permit or license to operate a concession, or vend/advertise any type of goods/services on City owned park property.



Park Rules and Regulations

- 3.3 The wearing of masks or any device covering the face is prohibited at all City owned parks or trails. (Per section 11-705 of the Pigeon Forge Municipal Code)
- 3.4 No overnight camping or sleeping is permitted in any City owned parks or trails.
- 3.5 Persons requested to leave City owned property by authorized personnel must do so immediately.

4.0 NOISE

- 4.1 No amplified sound or generators are allowed at any City Parks or Trails. Music must be kept to a respectable level.
- 4.2 No PA systems are allowed at any City owned Parks or Trails without a special use permit in place.
- 4.3 Persons must observe the City of Pigeon Forge Noise Ordinance prohibiting unnecessary noise from the hours of 10 p.m. and 9 a.m. (per section 11-804 of the Pigeon Forge Municipal Code)

5.0 FIREWORKS

- 5.1 No person shall discharge any fireworks in City owned parks, trails, or within the city limits of Pigeon Forge unless done as part of a special event authorized by the City. Fireworks shall mean any combustible or explosive composition or substance or combination of substance or any article prepared for the purpose of producing a visible or audible effect by combustion, explosion, deflagration or detonation, including sparklers. (Per section 7-501 of the Pigeon Forge Municipal Code)

6.0 ANIMALS

- 6.1 Dogs, cats and other animals must be kept on a leash (maximum 6 feet long) except in areas specifically designated as "off-leash." Dogs must be current on all required vaccinations and must wear a tag displaying current vaccinations. (Per section 10-202 and 10-203 of the Pigeon Forge Municipal Code)
- 6.2 No animals except for service animals will be allowed into the Pigeon Forge Community Center or inside the fenced area of Wear Farm Park, unless permitted by the Parks and Recreation Director for special events.
- 6.3 You must be in control of your pet at all times. Pets are not to annoy, molest, bark continuously, attack or injure any person or animal on City property.
- 6.4 Do not leave pets tied up and/or unattended.
- 6.5 You must clean up after your pet. Please place pet waste in a bag or container and dispose of it in a designated waste receptacle.

7.0 VEHICLES

- 7.1 Vehicles must park in designated areas and not on the grass.
- 7.2 Do not leave any vehicles parked after hours or overnight.
- 7.3 Motorized Vehicles, skateboards and scooters are not permitted at City owned parks or trails.

8.0 ALCOHOL/DRUGS/WEAPONS

- 8.1 No Alcoholic beverages, illegal drugs, or weapons of any kind are allowed on City park property except as otherwise permitted by city ordinances and state law.

9.0 ENFORCEMENT

- 9.1 The Director of Parks and Recreation, designated City employees, and law enforcement officers have the right to ensure the Pigeon Forge Parks, Facilities and Trails Rules and Regulations are followed through issuance of citations and/or expulsion from City owned Parks Facilities and Trails.
- 9.2 Do not obstruct or interfere with the enforcement of these rules.

10.0 REGULATION EXCEPTIONS

- 10.1 All government activities carried out in the ordinary course of Parks and Recreation operations shall be exempt from the provisions of the Pigeon Forge Parks and Recreation Department Parks and Trails Rules and Regulations. Acts or conducts prohibited by these rules shall be permitted when approved by the Director of Parks and Recreation and occurring in conjunction with City of Pigeon Forge sponsored, co-sponsored, or City approved special events.

Pigeon Forge Community Center

This 86,000 square foot facility includes 3 full basketball courts, 2 racquetball courts, a 5,000 square foot wellness center, an aerobics room, both indoor and outdoor pools, a bowling center, a childcare center, meeting rooms, and a suspended walking track.



Hours of Operation:

Monday - Friday: 6 a.m. - 9 p.m.

Saturday: 8 a.m. - 6 p.m.

Sunday: 1 p.m. - 6 p.m.

Daily Fees :

Daily Guest Fee to Enter: Sevier Co. Resident	\$ 6.00
Daily Guest Fee to Enter: Non-Resident	\$ 8.00
Weekly Guest Pass: Anyone	\$30.00
30-Day Guest Pass: Anyone	\$50.00

Terms:

Pigeon Forge: A person living within the city limits of Pigeon Forge.

Worker: A person who does not live within the Pigeon Forge city limits, but works within the city limits of Pigeon Forge.

Sevier County: A person living within Sevier County, but outside the city limits of Pigeon Forge.

Non-Resident: A person living outside Sevier County.

Family: Includes only head of household, spouse, and dependent

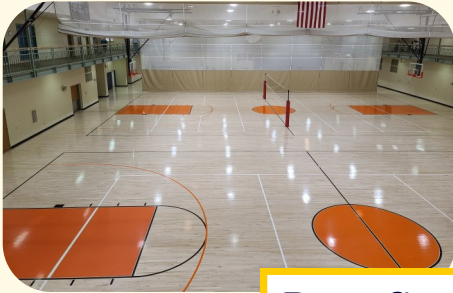
Yearly Membership Fees:

Pigeon Forge Family (up to 4 members):	\$100.00
Each additional member over 4 members:	\$ 5.00
Pigeon Forge Student: Full-time Student under 22 years old living at home	\$ 25.00
Pigeon Forge Adult: 18-54 years old	\$ 50.00
Pigeon Forge Senior: over 54 years old	\$ 45.00
Pigeon Forge Senior Couple: married and both over 54 years old	\$ 75.00
Worker Family (up to 4 members):	\$125.00
Each additional member over 4 members:	\$ 7.50
Worker Student: Full-time student under 22 years old living at home	\$ 35.00
Worker Adult: 18-54 years old	\$ 75.00
Worker Senior: over 54 years old	\$ 55.00
Worker Senior Couple: 55 years old and up	\$ 90.00
Sevier County Family (up to 4 members):	\$200.00
Each additional member over 4 members:	\$ 10.00
Sevier County Student: Full-time student under 22 years old living at home	\$ 50.00
Sevier County Adult: 18-54 years old	\$100.00
Sevier County Senior: over 54 years old	\$ 90.00
Sevier County Senior Couple: married and both over 54 years old	\$180.00
Non-Resident Family (up to 4 members):	\$240.00
Each additional member over 4 members:	\$ 12.00
Non-Resident Student: Full-time student under 22 years old living at home	\$ 60.00
Non-Resident Adult: 18-54 years old	\$120.00
Non-Resident Senior: over 54 years old	\$108.00
Non-Resident Senior Couple: married and both over 54 years old	\$216.00

Pricing does not include applicable sales tax.



Pigeon Forge Community Center



865-429-7373



Benefits of a Community Center Membership

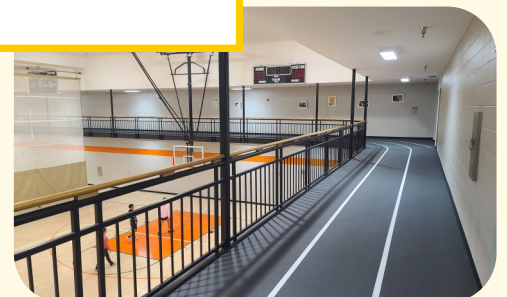
Unlimited access to:

- Indoor Pool
- Outdoor Pool (seasonal)
- Basketball Courts
- LeConte Wellness Center
- Indoor Walking Track (1/10 mile)
- Racquetball Court
- Wallyball Court

All Water Aerobics Classes Included

All Group Fitness Classes Included

Open Adult Coed Pickleball Included



Aquatics



Hours of Operation

<u>Monday-Friday</u>	8-11 a.m. Lap & exercise swim only 11 a.m. - 8 p.m. Open swim & lap swim
<u>Tuesday & Thursday</u>	6:30-8:00 a.m. Early Bird lap swim
<u>Saturday</u>	10 a.m. - 5:30 p.m. Open swim & lap swim
<u>Sunday</u>	1 p.m. - 5:30 p.m. Open swim & lap swim

Admission to the indoor pool is included with your membership or daily fee to the community center.



Early Bird Lap Swim

Join us every **Tuesday and Thursday** mornings from **6:30-8:00 a.m.** for early bird lap swim. Perfect time to swim before work!



Private Pool Parties

The Pigeon Forge Indoor pool is available for private pool parties every Saturday evening from 6-8 p.m. The cost is \$150.00 per reservation and there is a maximum of 50 people per party. Reservation fee must be paid a minimum of 24 hours in advance. Please call 865-429-7373 to make a reservation.



Aquatics Exercise Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
10:00 a.m. Aquacize	10:00 a.m. Just My Speed	10:00 a.m. Move it and Lose It	10:00 a.m. Just My Speed	10:00 a.m. Aqua Mixer
	10:30 a.m.		10:30 a.m.	
	5:45 p.m. Move it and Lose it		5:45 p.m. Move it and Lose it	

Aquacize - This class is a 45 minute, high intensity class that focuses on a full body workout and is designed to strengthen and tone muscles while increasing cardio-respiratory endurance.

Just My Speed - This is a 30 minute, mild intensity class which includes an introduction to water aerobics and water exercise.

Move it and Lose it - This is a 45 minute class with medium level intensity that incorporates a variety of optional equipment to maximize your water workout.

Aqua Mixer - This is a 45 minute class with medium level intensity that includes a mix-up of games, music, and equipment making it a fun and stress-free workout.

Dig Deep - This is a 30 minute class located in the deep end of the pool and is designed to be completely non weight bearing which means it's gentler to your body while remaining extremely beneficial to it.

Noodling Around - Another 30 minute class in the deep end of the pool that utilizes pool noodles to get a great cardio workout.



Aquatics



SAC Sevier Aquatic Club

The Pigeon Forge Community Center is partnering with the Sevier Aquatic Club to provide children with an opportunity to further their swimming skills. Please call the Pigeon Forge Community Center for more information on how to join.

Practice Times:

Monday– Thursday 3:30pm-5:30pm



Special Olympics
Tennessee

Special Olympics Swim

The Smoky Mountain Adult Special Olympic group will be practicing in our indoor pool on Saturdays from 10:00am-12:00pm.



Pigeon Forge High School Swim Practices

Practices are held Monday, Tuesday, Wednesday, and Thursdays from 1:45– 2:45 p.m. The Aquatics department hosts practices to many different school sponsored sports including wrestling, boys and girls basketball, boys and girls soccer, and swim teams.



Swim Lessons

Please call the Pigeon Forge Community Center at 865-429-7373 for lesson times and dates.

Parent and Me (ages 6 months- 2 years)

A class designed for a non-swimmer and parent to accompany them in the water. This class will include a combination of water exercise and learn to swim techniques.

Preschool Swim Class (Ages 3-4)

A class designed for preschool children that will include basic swim strokes and water safety.

Swim Lessons (Ages 5-6) (Ages 7&up)

A multi-level program designed to teach swimming skills and strokes along with water safety. Levels range from beginner to advanced with a focus on rotary breathing, stroke development and stroke technique.

Private Swim Lessons are available upon request by calling 865-429-7373 Ext. 18



Wellness Programs

Group Fitness Class Descriptions

All Shaped – Designed to enhance your muscular development; giving you form, symmetry, and definition throughout a well-rounded workout. This workout includes HIIT, cardio, and weights and is suitable for all fitness levels.

Barre - This class is a mix of Pilates, dance, yoga, and functional training. The moves are choreographed to motivating music to give an energized and targeted workout. You will use the ballet barre and exercise equipment such as mini balls and small hand weights to sculpt, tone, and stretch your entire body.

Body Pump Flex and Define – A 50-minute full body workout choreographed to music. This class is perfect for all skill levels.

Chair/Gentle Yoga – This is a low impact class that emphasizes alignment and balance. It is perfect for all ages and skill levels.

Cycle +Core – A 45-minute cycle ride designed to take you through a variety of hills, intervals, rhythm drills and sprints with a customized playlist. This ride is followed by a 15-minute core session and stretch. All fitness levels are welcome!

Fit for Life - This is an in one workout designed for people ages 50+. It involves cardio, strength training, and balance.

iTone - Want to strength train without going up to the gym? Not sure what to do to tone your muscles? Take this class and you will complete a variety of exercises to get an effective total-body workout.

Morning Tai Chi- This gentle morning flow of postures is a great start to your day. Combining Yang Tai Chi and Qigong movements, we will focus on flexibility, balance, and strength while energizing your body. It's better than a cup of coffee!!

Power Camp/ Kettlebell – This class blends cardio and resistance training. You will use various types of fitness equipment including resistance bands, body bars and free weights. All fitness levels are welcome!

Power Yoga – A more advanced yoga class that offers a series of progressive poses that will strengthen your core and increase flexibility and balance.

Quick HIITer -This is a 30-minute total body workout. It is perfect for the early rising fitness enthusiast searching for a class that will maximize their workout in a minimal time window.

Silver Sneakers – These classes follow the Healthways Silver Sneakers Fitness Program. The classes are catered to individuals 65 and up. The mission is to make fitness more fun and accessible to boomers and beyond. Focusing on movements that help strengthen muscles that help with everyday activities while keeping it fun is what this class is about.

Spin – Our indoor cycling class provides a fun and challenging cardiovascular workout for all ages and fitness levels.

Spin Express – This class is a sped up version of spin and is completed in half the time.

Strong Nation – A combination of body weight, muscle conditioning, cardio, and plyometric training moves synced to original music that has been specifically designed to match every single move.

Tai Chi 101- Originally developed for self-defense, Tai Chi has evolved into a powerful tool for reducing stress, increasing energy and improving strength, balance and agility through gentle flowing movements. This class can help to can help to improve health, strength and the balance of energy in the body. This class could be described as meditation in motion.

Total Body Torch – Keep your body guessing with this 45-minute total body and low impact cardio class. Burn a few extra kcals with a few cardio burst to spike the heart rate. All fitness levels are welcome!

Yoga – For all fitness levels. This class is comprised of a series of poses with a strong emphasis on breathing and relaxation. You will increase your flexibility as well as restore a healthy and positive mind and body balance.

Zumba – This class is an interval-style dance fitness party that combines low-intensity and high-intensity moves. You'll burn lots of calories as you move to the rhythm and best part of it all is that it doesn't even feel like exercise!



Wellness Programs



LeConte Wellness Center Personal Training

Let our personal trainers design a program that is right for you! We can even create a group session for you and your friends!
All personal trainers are professionally certified.

Personal Training Prices:

<u>1 Hour Sessions</u>	<u>(5) One Hour Sessions</u>	<u>(10) One Hour Sessions</u>
1 hour, 1 client: \$40	1 client: \$165	1 client: \$320
1 hour, 2 clients: \$65	2 clients: \$255	2 clients: \$495
1 hour, 3 clients: \$75	3 clients: \$300	3 clients: \$590



Pigeon Forge Community Center Group Fitness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:05 am Quick HIITer		NEW 6:30 am Total Body Torch		NEW 6:30 am Total Body Torch	
	6:45am Gentle Yoga		6:45 am Gentle Yoga		6:45 am Gentle Yoga	
		NEW 8:15 am Morning Tai Chi		8:00 am Spin		8:05 am Weekend Warrior
	9:00 am Barre Zumba	9:00 am Spin	9:00 am Power Camp Zumba Kettlebell	9:00 am Body Pump Flex and Define	9:00 am Zone Tone	9:00 am Zone Tone
	10:00 am Stretch Express					
	10:30 am iTone	10:30 am Fit For Life	10:30 am iTone	10:30 am Fit For Life	10:30 am iTone	
		10:45 am Zumba Strong Nation	10:45 am Silver Sneakers		10:45 am Silver Sneakers	
2:00 pm Cycle + Core	5:00 pm Power Yoga	5:30 pm Tai Chi	5:30 pm Yoga	5:30 pm Tai Chi		
		NEW 6:30 Yoga		NEW 6:30 Yoga	6:30 pm Power Hour	

***Remember to check the Monthly Group Fitness Calendar
located at the Front Desk for any modifications**

Bowling Center



**NEW BOWLING PHONE
NUMBER!**

865-429-7376

Bowling League Schedule

Monday Night Mixed League	6-9 p.m.
Tuesday Night Mixed	6-9 p.m.
Wednesday Night Mixed	6-9 p.m.
Thursday \$1.00 Bowling	6-10 p.m.
\$1.00 bowling is per person per game	
Friday Night Mixed	6-9 p.m.

NO OPEN BOWLING DURING LEAGUE NIGHTS

Summer League Meetings

Summer Bowling Leagues will be organizing their league meetings this spring to discuss fees and schedules for summer 2023. Please call the Pigeon Forge Bowling Center at 865-429-7376 for dates and times of these meetings.



Hours of Operation

Monday-Friday 11 a.m. - 10 p.m.

Saturday 1 - 10 p.m.

Sunday 1 - 6 p.m.

Rates

MEMBERS

NON-MEMBERS

Day Rates

\$2.00 per game

\$2.70 per game

\$1.65 Senior

\$2.30 Senior

Weekend and Evening Rates

\$2.35 per game

\$2.95 per game

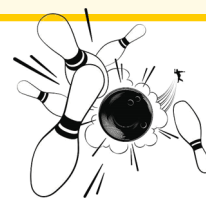
\$1.95 Senior

\$2.55 Senior

Shoe Rental \$1.95 per pair



PRIVATE BOWLING LESSONS



The Pigeon Forge Bowling Center is now offering **Private Bowling Lessons!!** Please call 865-429-7373 and ask for Wayne Clopton to set up a schedule and for more information.

Bowling Party Rental Packages: 865-429-7373

Basic Birthday Package: \$35 per lane

1 hour of bowling and shoe rental, a bowling pin for the birthday child, and 45 minutes reserved in the party room.

Cosmic Birthday Package: \$65 per lane

2 hours of cosmic bowling including shoe rental on Saturday nights **only** between **7-10 p.m.**, a bowling pin for the birthday child, and 45 minutes reserved in the party room prior to cosmic bowling.

Lock-In Rental Package: \$300 flat rate

2 hours reserved including shoe rental for the entire bowling center and party room.

All rentals are subject to availability



Cosmic Bowling

Every Saturday Night from 8-10 p.m. \$10 per bowler for the 2 hour session including shoes.



Child Care Center



Drop In Child Care

Drop in Childcare is available for **1-2 year olds** for up to **1 1/2 hours** per day, 1 time visit.

Drop in Childcare is available for **2-9 year olds** for up to **2 hours** per day, 1 time visit.

Drop in Childcare Hours:

Monday-Thursday 4-8 p.m.

Friday 9 a.m.- 1 p.m.

Pigeon Forge Members: Free

Non-Members: \$5.00 per child



All children 5 years or older are required to have a membership

Mother's Day Out!

A great program to acclimate your toddler to the school setting before sending them off to pre-k!

Mother's Day Out is for **children 3-5 years old** and will help develop social skills for each youngster in a fun, safe, friendly environment.

Mondays and Wednesdays 10:30 a.m. - 3 p.m.

OR

Tuesdays and Thursdays 10:30 a.m. - 3 p.m.

Community Center Members:

\$7.50 per day per child

Non-Members:

\$10.00 per day per child

For more information,
please call 865-429-7373





Children's Programs

COVID-19

Statement: All children's programs may be subject to health and safety protocols to help mitigate the spread of COVID-19.



Pigeon Forge Youth Summer Camp

Registration for the Pigeon Forge Summer Camp program begins **April 3, 2023**. This is a 8 week program for children ages 5-12 and you choose which weeks your child participates in. You can sign up for 1 week or all 8. Children will be split into separate age specific groups. The camp runs Monday through Friday 7:30am–5:30pm. All groups have fun activities such as bowling, swimming, gym games, themed parties and weekly field trips. The cost for each week is \$80.00 per child and you may sign up at the Pigeon Forge Community Center.

2023 Summer Camp Weeks

June 5-9, 2023

June 12-16, 2023

June 19-23, 2023

June 26-30, 2023

NO CAMP JULY 3 – 7, 2023

July 10-14, 2023

July 17-21, 2023

July 24-28, 2023

July 31- Aug. 4, 2023

For more information, please call 865-429-7373



After School Program

The after school program at the Community Center is for children **ages 5-12** and runs from **3-6 p.m.** every school day. The cost is **\$70 per month** and includes homework help, swimming, bowling, gym games and other fun activities! Contact Austin McCarter for more information at 865-429-7373.





Children's Programs

Day Camp

Pigeon Forge Community Center
7:30 am - 5:30 pm

Activities:

Gym Activities
Swimming
Movies and/or
Video Games

Dates:

September 2nd
November 8th
November 11th
January 16th
February 20th
April 10th

Cost:

\$20 Standard Rate
\$10 After School Rate

Ages:

5-12

Maximum is 20 children

Homeschool Program Schedule

* We will meet in the gym for roll before every activity. Each activity will also require socks and shoes, except for swimming where a swimsuit is required. *

- January 18th, Musical Hoops and Scooters
- January 25th, Sharks and Minnows
- February 1st, Snowball USA
- February 8th, Rainbow Relay
- February 15th, Soccer
- February 22nd, Swamp Ball
- March 1st, Drag'N Tails
- March 8th, Swimming
- March 15th, No Homeschool Program (Spring Break Camp)
- March 22nd, Dr. Dodgeball
- March 29th, Prisoner Tag
- April 5th, Floor Hockey
- April 12th, Tiger Ball
- April 19th, The Great Hula Hut Games
- April 26th, Bring Your Bike Day!
- May 3rd, Star Wars
- May 10th, Pacman Tag and Basketball
- May 17th, Outdoor Pool and Pizza Party!

Each activity may be subject to change due to weather, participation, etc.

Home School Program

The Home School Program at the Community Center is for children **ages 5-12** and runs from **1 p.m. – 2 p.m. every Wednesday** that Sevier County schools are in session. The cost is **FREE** for members and **\$2.00 per day for non-members**. This program will include swimming, bowling, gym games and other fun activities to build your child's core motor skills while teaching them valuable life lessons and social skills in a P.E. type class environment.



Kids' Night Out

Friday, March 31, 2023 (Ages 10-12)

Friday, April 28, 2023 (Ages 5-9)

Friday, May 26, 2023 (Ages 10-12)

Each night is from 6-10 p.m. and is **\$10 per child for members** or **\$15 per child for non-members**

Activities will include bowling, swimming, movies and games all at the Community Center and we provide dinner!



Special Events



Wear Farm Park Easter Egg Hunt

Saturday, April 8, 2023 This fun, **free** event will begin at 9 a.m. at Wear Farm Park with games and inflatables along with a visit from the Easter Bunny! The Easter Egg Hunt will begin at 11:00 a.m. and will be divided into separate age groups; 0-3, 4-6, 7-9, and 10-12 year olds. Each age group will start their hunt 15 minutes apart. Come out to hunt for eggs and participate in our big prize raffle!



Memorial Weekend Pool Party

Come celebrate the unofficial kickoff to summer! The Outdoor Pool Party will show off our 30 foot double slide feature and our Splash Pad and Kiddie Pool areas! The event will take place on **Saturday, May 27, 2023 from 11 a.m. to 2 p.m.** and will feature games, discounted concessions, music and of course, swimming! The event is free for members or the daily fee for guests.



City of Pigeon Forge Arbor Day

The City of Pigeon Forge has been designated a Tree City for a 22nd consecutive year! We will be celebrating our accomplishment at the Arbor Day celebration taking place at the Pigeon Forge Community Center this April. There will be a children's program along with a tree planting ceremony to celebrate the day.



TREE CITY USA®



Employee Spotlight

The Pigeon Forge Parks and Recreation Department is made up of amazing individuals that work hard everyday to provide recreation opportunities for our community. We want to celebrate these individuals and also give you an opportunity to get learn more about the folks that help run our great department. This quarter we are celebrating Margaret Cole on her retirement from the City of Pigeon Forge Child Care Department.



Margaret has been working at the Pigeon Forge Community Center since we opened our doors in 2000. She has served as the manager of our Child Care for the last several years where she leads our Mother's Day Out Program as well as our drop-in child care services. Her leadership and wisdom have helped grow the Child Care Department to what it is today.

Congratulations Ms. Margaret!!!!!!!



Adult Programs




Breastfeeding Moms Support Group

First Wednesday of every month
At the Pigeon Forge Library from
11:00 a.m. to 12:30 p.m.

Open to all Breastfeeding Moms and their
nurslings as well as pregnant moms
wanting to learn!

Hosted by Mandy Rodgers, IBCLC
International Board Certified Lactation Consultant



J.O.Y. (Just Older Youth) Club

This free program meets in the meeting room at the Pigeon Forge Community Center the **first Friday of every month**. J.O.Y. Club is for adults ages **50 and up** and begins at **10:30 a.m. with lunch served at 11:30 a.m.** All you need to bring is a covered dish and a smile!

Free Potluck Lunch and Bingo Games!

Winter 2022-23 Dates:

Friday, March 3, 2023

Friday, April 7, 2023

Friday, May 5, 2023



SPRING GREENWAY BIKE RIDES!

MEET AT THE
PIGEON FORGE COMMUNITY CENTER

- March: 9th & 23rd
- April: 6th & 20th
- May: 4th & 18th

Bike rides will begin at 6:30 P.M. We will start at the front of the Pigeon Forge Community Center and travel along the Pigeon Forge Greenway to Patriot Park.





Athletics



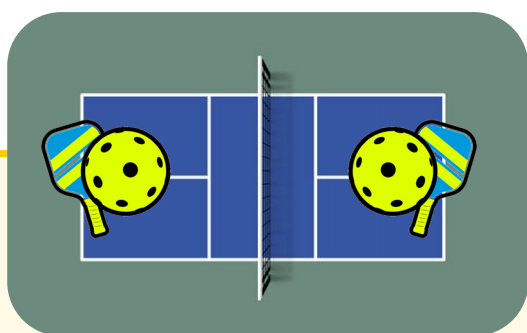
Adult COED Open Pickleball

Come join us at the Pigeon Forge Community Center for this fun, competitive sport that combines the skills of racquetball, tennis, ping pong and badminton.

Cost: **Free** for members or **\$2.00** per day

Monday thru Friday 8am-10am

Saturdays 9am-11am



Smokey Mountain Youth Baseball and Softball League

Sign ups for the Pigeon Forge Youth Baseball and Softball League will be held at the Pigeon Forge Community Center from **January 2 through March 1, 2023**. The league is open to any **children ages 3-12**. The cost is **\$35.00 per child** and **each child MUST have a copy of his/her birth certificate on file**. Games will be played on weeknights in March, April and May 2023. Please call the Pigeon Forge Community Center @ 865-429-7373 for more information.



Spring Tumbling

PIGEON FORGE COMMUNITY CENTER

Tumbling 101: Beginners - Tuesdays @ 5:00 P.M.

Tumbling 201: Intermediate - Tuesdays @ 6:00 P.M.

This program is for children ages 5-12. Class placement is dependent upon child experience and skill level.
Max is 7 kids per group

Adult COED Open Racquetball

Come join us at the Pigeon Forge Community Center for some exercise and competition! Various skill levels are welcome and a ladder will be established if needed.

Cost: **Free** for members or **Daily Guest Fee**

Wednesday Afternoons 5-6 p.m.



RACQUETBALL



**Summer Camp 2023
Sign-ups!
Registration opens
April 3rd, 2023
See Page 18 for details.**

