

# September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 10:00-10:45 Aquacize	4 10:30-11:00 Just My Speed  6:00-6:45 Move it & Lose It	5 10:00-10:45 Move it & Lose It	6 10:30-11:00 Just My Speed  6:00-6:45 Move it & Lose It	7 10:00-10:45 Aqua-Mixer	8
9	10 10:00-10:45 Aquacize	11 10:30-11:00 Just My Speed 6:00-6:45 Move it & Lose It	12 10:00-10:45 Move it & Lose It	13 10:30-11:00 Just My Speed  6:00-6:45 Move it & Lose It	14 10:00-10:45 Aqua-Mixer	15
16	17 10:00-10:45 Aquacize	18 10:30-11:00 Just My Speed 3:30-5:30-Sac 6:00-6:45 Move it & Lose It	19 10:00-10:45 Move it & Lose It	20 10:30-11:00 Just My Speed  6:00-6:45 Move it & Lose It	21 10:00-10:45 Aqua-Mixer	22
23	24 10:00-10:45 Aquacize	25 10:30-11:00 Just My Speed  6:00-6:45 Move it & Lose It	26 10:00-10:45 Move it & Lose It	27 10:30-11:00 Just My Speed  6:00-6:45 Move it & Lose It	28 10:00-10:45 Aqua-Mixer	29
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