



# June 2018 - Water Aerobics

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 10:00-10:45 Aqua Mixer (Sarah)	2
3	4 10:00-10:45 Aquaize (Amanda)	5 6:00-7:30 Twilight Lap Swim 6:15-7:00 Move it & Lose It (Sarah)	6 10:00-10:45 Move it & Lose it (Hannah-Shallow) (Amanda-Deep)	7 10:30-11:00 Just My Speed (Hannah)	8 10:00-10:45 Aqua Mixer (Sarah)	9
10	11 10:00-10:45 Aquaize (Amanda)	12 6:00-7:30 Twilight Lap Swim 6:15-7:00 Move it & Lose It (Sarah)	13 10:00-10:45 Move it & Lose it (Hannah-Shallow) (Amanda-Deep)	14 10:30-11:00 Just My Speed (Hannah)	15 10:00-10:45 Aqua Mixer (Sarah)	16
17	18 10:00-10:45 Aquaize (Amanda)	19 6:00-7:30 Twilight Lap Swim 6:15-7:00 Move it & Lose It (Sarah)	20 10:00-10:45 Move it & Lose it (Hannah-Shallow) (Amanda-Deep)	21 10:30-11:00 Just My Speed (Hannah)	22 10:00-10:45 Aqua Mixer (Sarah)	23
24	25 10:00-10:45 Aquaize (Amanda)	26 6:00-7:30 Twilight Lap Swim 6:15-7:00 Move it & Lose It (Sarah)	27 10:00-10:45 Move it & Lose it (Hannah-Shallow) (Amanda-Deep)	28 10:30-11:00 Just My Speed (Hannah)	29 10:00-10:45 Aqua Mixer (Sarah)	30