



July 2018

Water Aerobics



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 10:00-10:45 <i>Aquacize</i>	3 5:15-6:00 <i>Move it & Lose It</i>	4 <i>Happy 4th!</i> CLOSED	5 10:30-11:00 <i>Just My Speed</i> 5:15-6:00 <i>Move it & Lose It</i>	6 10:00-10:45 <i>Aqua-Mixer</i>	7
8	9 10:00-10:45 <i>Aquacize</i>	10 5:15-6:00 <i>Move it & Lose It</i>	11 10:00-10:45 <i>Move it & Lose It</i>	12 10:30-11:00 <i>Just My Speed</i> 5:15-6:00 <i>Move it & Lose It</i>	13 10:00-10:45 <i>Aqua-Mixer</i>	14
15	16 10:00-10:45 <i>Aquacize</i>	17 5:15-6:00 <i>Move it & Lose It</i>	18 10:00-10:45 <i>Move it & Lose It</i>	19 10:30-11:00 <i>Just My Speed</i> 5:15-6:00 <i>Move it & Lose It</i>	20 10:00-10:45 <i>Aqua-Mixer</i>	21
22	23 10:00-10:45 <i>Aquacize</i>	24 5:15-6:00 <i>Move it & Lose It</i>	25 10:00-10:45 <i>Move it & Lose It</i>	26 10:30-11:00 <i>Just My Speed</i> 5:15-6:00 <i>Move it & Lose It</i>	27 10:00-10:45 <i>Aqua-Mixer</i>	28
29	30 10:00-10:45 <i>Aquacize</i>	31 5:15-6:00 <i>Move it & Lose It</i>				