

December 2017

Water Exercise Class

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 Aqua Mixer	2 
3	4 10:00 Aquacize	5 10:30 Just My Speed	6 10:00 Move it & Lose It	7 10:30 Just My Speed Pool Closed 6 -8	8 10:00 Aqua Mixer	9
10	11 10:00 Aquacize	12 10:30 Just My Speed	13 10:00 Move it & Lose It	14 10:30 Just My Speed 5:45 Move it & Lose It	15 10:00 Aqua Mixer	16
17	18 10:00 Aquacize	19 10:30 Just My Speed	20 10:00 Move it & Lose It	21 10:30 Just My Speed 5:45 Move it & Lose It	22	23
24	25 	26 10:30 Just My Speed	27 10:00 Move it & Lose It	28 10:30 Just My Speed 5:45 Move it & Lose It	29 10:00 Aqua Mixer	30